

### Consult Visit Checklist:

Use this checklist to help you to prepare for your visit with your doctor.

- 1. A referral from your primary care doctor or specialist
- 2. Authorization from your insurance company when special services, tests, or treatments will be administered
- 3. Insurance cards
- 4. Emergency contacts - bring a list of names, addresses, and telephone numbers
- 5. Family doctor and local pharmacy contacts
- 6. Pathology report and slides – Bringing the slides is especially important when consulting with your physician for the first time
- 7. A summary of your diagnosis, treatment history, and medical history
- 8. A complete list of medications you are taking, including the dose and schedule
- 9. A list of the dietary supplements and herbs you may be taking
- 10. A list of dates, locations, and results of all doctor visits and tests
- 11. A copy of your recent radiology report, and the film from the last image test if available
- 12. A list of allergies and specific reactions to each
- 13. A written list of questions for your doctor.